

**At the NAMI
WNV Center**

**1711 N Roop St
Carson City, NV**



**April 28th and
May 5th**

9 am - 5 pm

**Registration
required**

Meal Provided

NAMI Western Nevada C.A.R.E.S. Training is designed to increase a trainee's skill in working with individuals and families impacted by mental illness. The Focus of the program is to offer support, identify what matters to peers, and assist with navigating the systems of care utilizing a Wellness Action Plan. The program was written by peers and family members as a skills building opportunity.

Topics Include:

- NAMI CARES Program Philosophies
- Trauma Informed Care
- Power Dynamics and how they impact quality of support
- Personal centered planning
- Communication and communicating
- How to effectively talk to doctors
- Cultural competency
- How physical and dental health impact mental health

Community

Assistance

Recovery through

Education and

Support



National Alliance on Mental Illness

NAMI Western Nevada

For Information & Registration Contact

775-350-7977